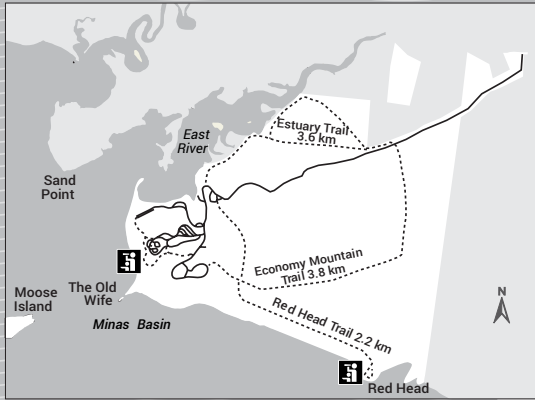


Five Islands Provincial Park

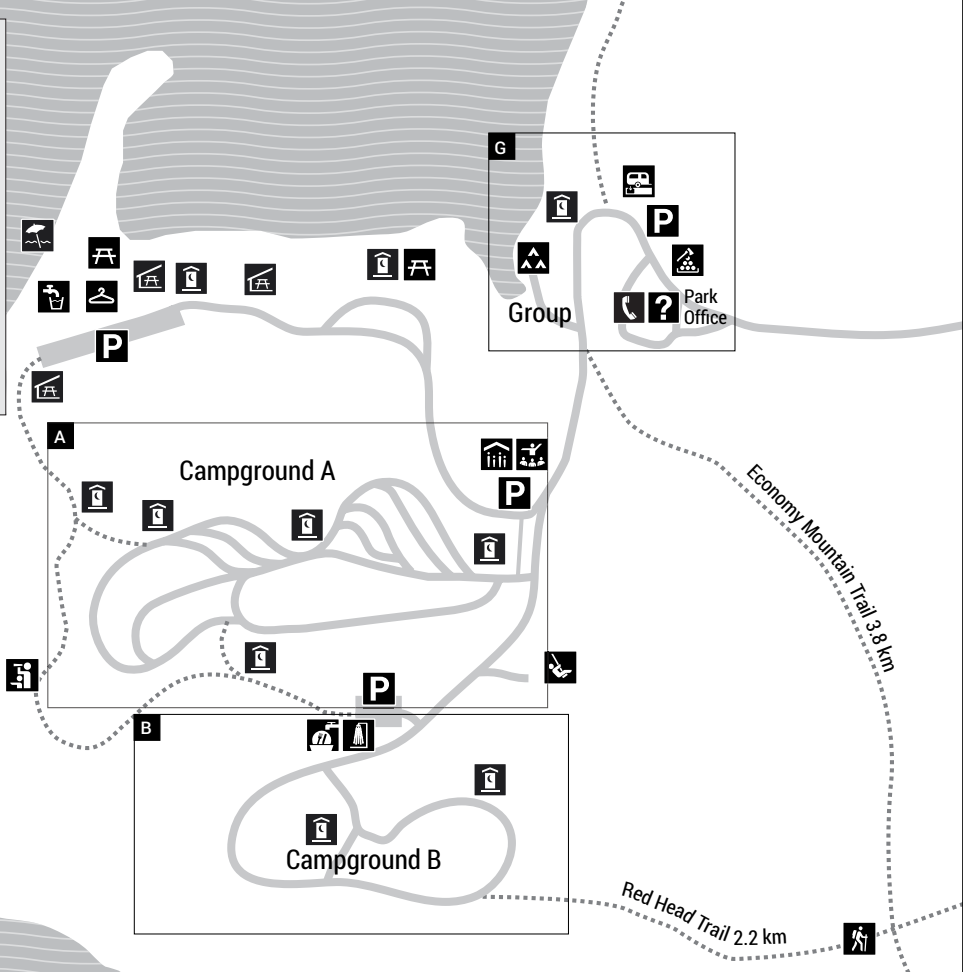
618 Bentley Branch Road (Hwy 2), Five Islands, NS • 902-254-2980



Trail Distances are one-way



Minas Basin



KEY

-  Beach Access
-  Campground Host
-  Change Room
-  Dishwashing
-  Drinking Water
-  Firewood
-  Group Camping
-  Hiking
-  Look-off
-  Park Office and Information
-  Parking
-  Picnic Area
-  Playground
-  Program Area
-  Restrooms with showers
-  Shelter
-  Telephone
-  Trailer Dump Station
-  Vault Toilet
-  Waste/Recycling
-  Walk-in Campsite

Park Rules and Regulations

- A camping permit is required and you must camp in designated sites.
- Your camping permit expires if your campsite is unoccupied for 48 hours.
- One vehicle per site. A permit is required for a second vehicle.
- Occupancy is limited to 6 people and 3 tents per site, except for families.
- Defacing or removal of natural features, plants, rocks, signs or structures is not permitted.
- All laws respecting alcohol are strictly enforced.
- Advertising or operation of any business is not permitted without a permit.
- Firearms are not permitted.
- Fishing is permitted, subject to regulations provided with the purchase of a Nova Scotia sport fishing licence.

Alcohol and Cannabis-Free Period: No alcohol or cannabis are permitted at camping parks from opening date to July 1. After this time, alcohol and smoking (including cannabis) are permitted on rented campsites only. Mid-season changes to this policy may occur if local issues arise.

Check In: 2:00 pm.

Check Out: 1:00 pm. Please ensure your campsite is clean.

Fires: are permitted only in the fire grill unless park staff indicate otherwise. Make sure your fire is out before you leave your site or turn in for the night.

Fireworks: The use of fireworks is prohibited.

Generator Use: Generators may be used between 9:00 am – 1:00 pm and 4:00 pm – 7:00 pm. If you require power outside of these hours, please book a campsite with electrical service.

Dog Owner Responsibilities: Dogs are welcome providing they are kept on a 6 ft. (1.8 m) leash at all times. Dogs not permitted in public structures or designated swimming areas. Clean up your dog's waste and place it in the garbage. You may be asked to leave the park if your dog is barking or disturbing others.

Quiet time: from 10:30 pm until sunrise. Noisy parties and rowdy behaviour are not tolerated.

Speed limit: 15 km.

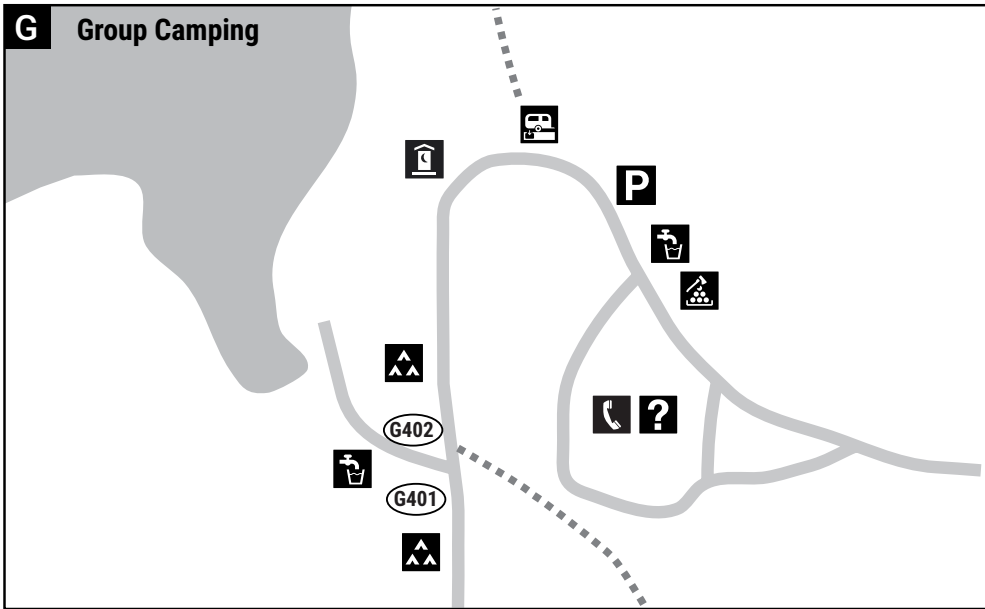
Visitors: Visitors may enter the park until 10:00 pm. All guests must leave by 10:30 pm.

RESERVATIONS • 1-888-544-3434 • novascotiaparks.ca

Nearest Medical Centre: South Cumberland Community Care Centre, 50 Jenks Ave., Parrsboro (29 km)

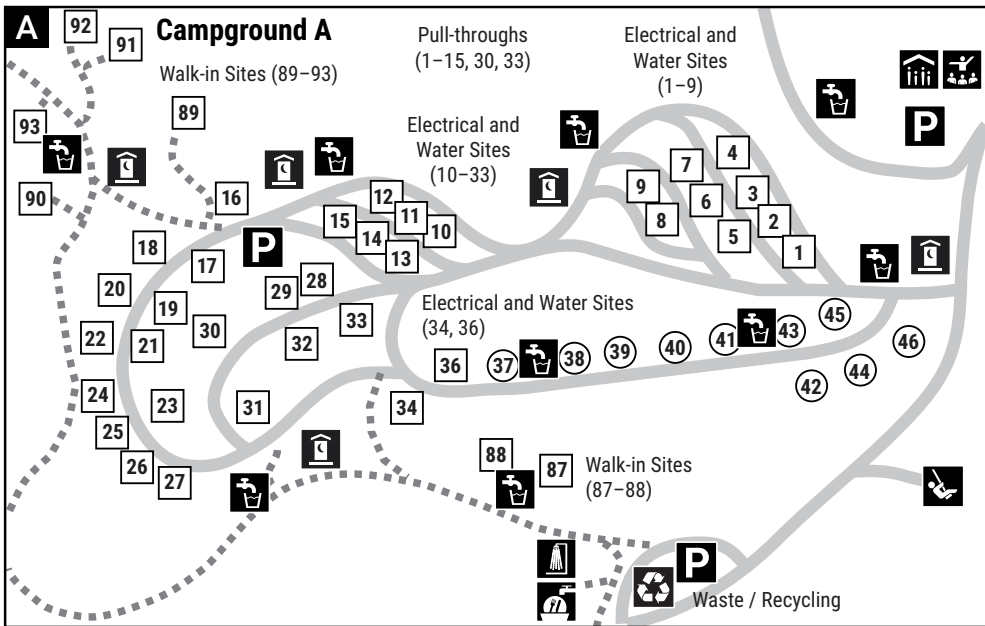


In case of emergency: **CALL 911**



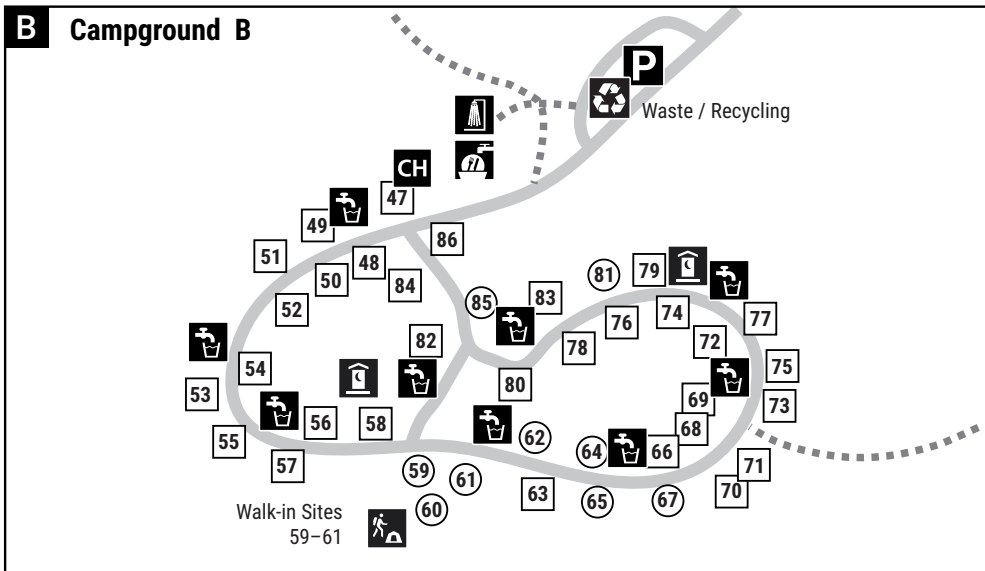
KEY

	Beach Access
	Campground Host
	Change Room
	Dishwashing
	Drinking Water
	Firewood
	Group Camping
	Hiking
	Look-off
	Park Office and Information
	Parking
	Picnic Area
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	Restrooms with showers
	Shelter
	Telephone
	Trailer Dump Station
	Vault Toilet
	Waste/Recycling
	Walk-in Campsite



Campsite Type:

	Wooded
	Open



Five Islands Provincial Park Trail Guide

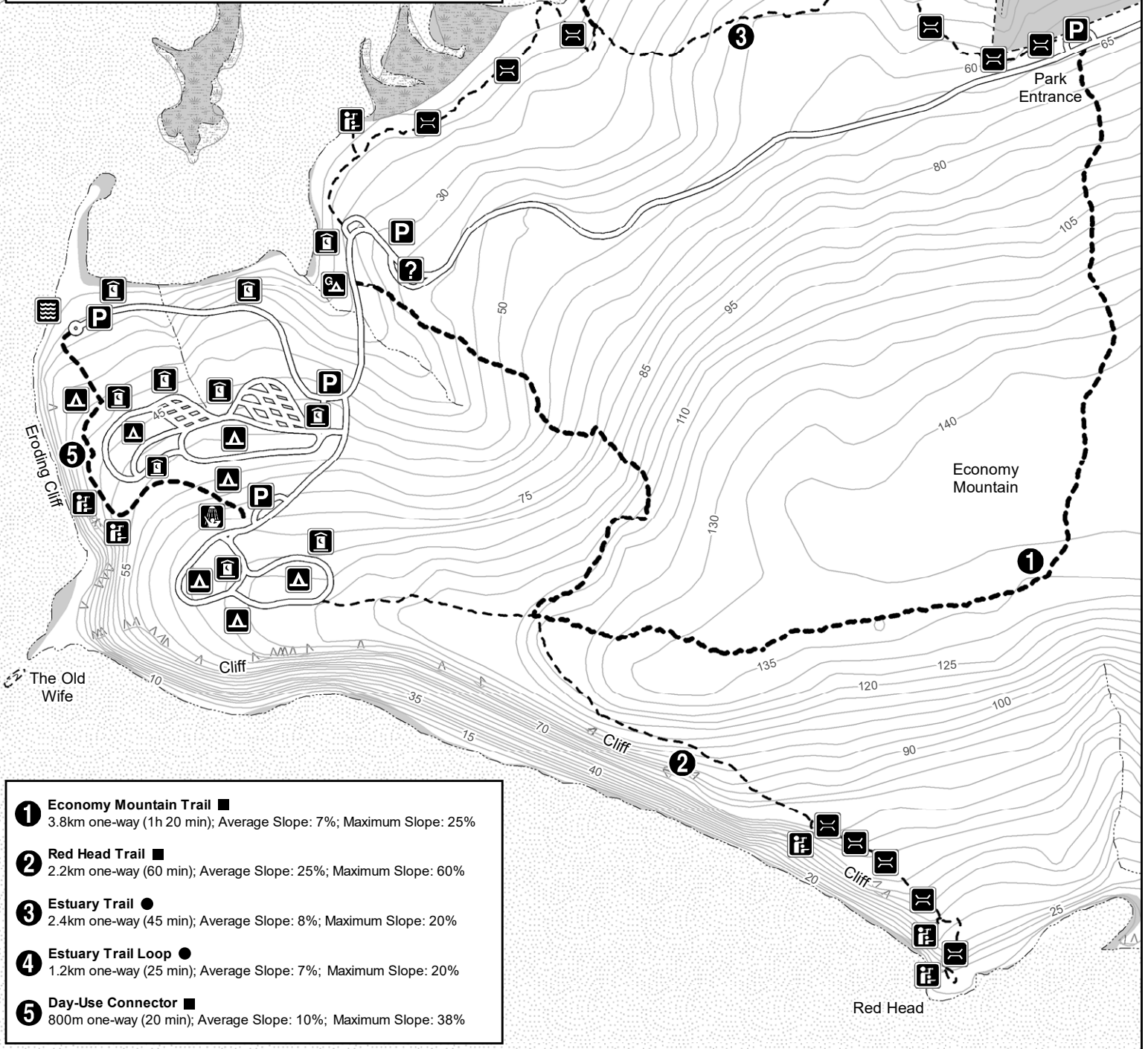
-  Beach Access
-  Bridge
-  Camping
-  Camping (Group)
-  Lookoff
-  Parking
-  Park Office
-  Restrooms with Showers
-  Toilet

-  Park Road
-  Contour (5m interval)
-  Wetland

0 250 500 m



Trail Rating System	
● Easy	Flat to gently rolling
■ Moderate	Gently rolling with short steep sections
◆ Difficult	Rolling with many steep sections that may continue for long periods



- 1 Economy Mountain Trail** ■
3.8km one-way (1h 20 min); Average Slope: 7%; Maximum Slope: 25%
- 2 Red Head Trail** ■
2.2km one-way (60 min); Average Slope: 25%; Maximum Slope: 60%
- 3 Estuary Trail** ●
2.4km one-way (45 min); Average Slope: 8%; Maximum Slope: 20%
- 4 Estuary Trail Loop** ●
1.2km one-way (25 min); Average Slope: 7%; Maximum Slope: 20%
- 5 Day-Use Connector** ■
800m one-way (20 min); Average Slope: 10%; Maximum Slope: 38%