

**Emergency Helipads (UTM)**

A: 350470m E	5022165m N
B: 347840m E	5021394m N
C: 347734m E	5022633m N
D: 348145m E	5024601m N
E: 350001m E	5024872m N
F: 349336m E	5028293m N
G: 349883m E	5031186m N
H: 350567m E	5031639m N

**Eatonville Day-Use Trails (see reverse)**

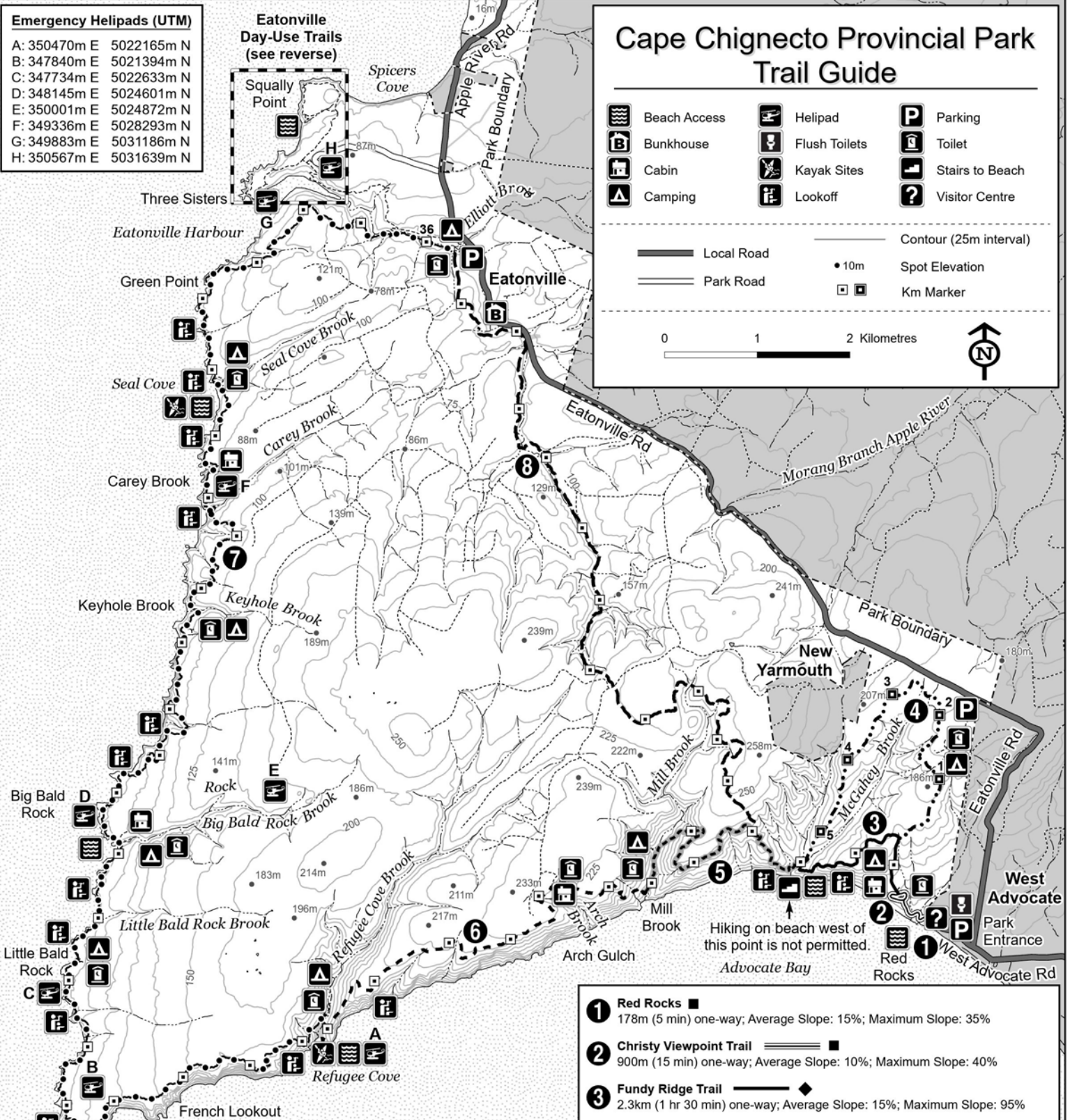


# Cape Chignecto Provincial Park Trail Guide

	Beach Access		Helipad		Parking
	Bunkhouse		Flush Toilets		Toilet
	Cabin		Kayak Sites		Stairs to Beach
	Camping		Lookoff		Visitor Centre

	Local Road		Contour (25m interval)
	Park Road		Spot Elevation
			Km Marker

0 1 2 Kilometres



**Hiking Distances to Cabins**

Visitor Centre to Arch Gulch Cabin = 8.9km  
 Arch Gulch Cabin to Big Bald Rock Cabin = 13.7km  
 Big Bald Rock Cabin to Carey Brook Cabin = 7.5km  
 Carey Brook Cabin to Eatonville Bunkhouse = 8.8km  
 Eatonville Bunkhouse to Visitor Centre = 14.1km

**Beware of high cliffs and tides. Approach cliffs only at designated look-offs.**

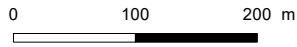
**Trail Rating System**

	Easy		Flat to gently rolling
	Moderate		Gently rolling with short steep sections
	Difficult		Rolling with many steep sections that may continue for long periods

- 1 Red Rocks** ■ 178m (5 min) one-way; Average Slope: 15%; Maximum Slope: 35%
  - 2 Christy Viewpoint Trail** ■ 900m (15 min) one-way; Average Slope: 10%; Maximum Slope: 40%
  - 3 Fundy Ridge Trail** ◆ 2.3km (1 hr 30 min) one-way; Average Slope: 15%; Maximum Slope: 95%
  - 4 McGahey Brook Canyon Trail** ■ 5.5km (2 hrs) one-way; Average Slope: 8%; Maximum Slope: 40%
  - 5 Mill Brook Canyon Trail** ◆ 4.2km (3 hrs 30 min) one-way; Average Slope: 15%; Maximum Slope: 65%
  - 6 Refugee Cove Trail** ◆ 6.3km (5 hrs 30 min) one-way; Average Slope: 18%; Maximum Slope: 120%
  - 7 Cape Chignecto Coastal Trail** ◆ 22.9km (3 - 4 days) return loop; Average Slope: 15%; Maximum Slope: 115%
  - 8 Eatonville Trail** ◆ 11.4km (6 hrs 30 min) one-way; Average Slope: 10%; Maximum Slope: 40%
- Hiking times are from the Visitor Centre with the exception of the Eatonville Day-Use Trails.*

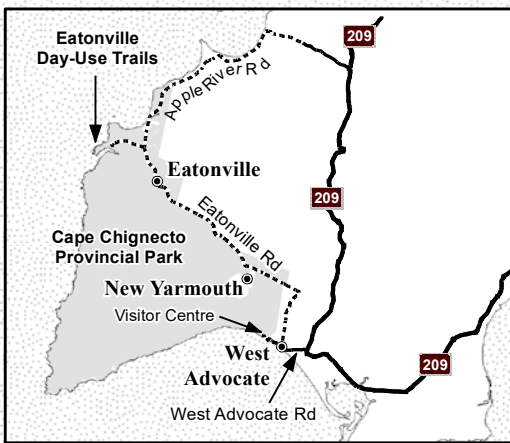
# Cape Chignecto Provincial Park

## Eatonville Day-Use Trail Guide

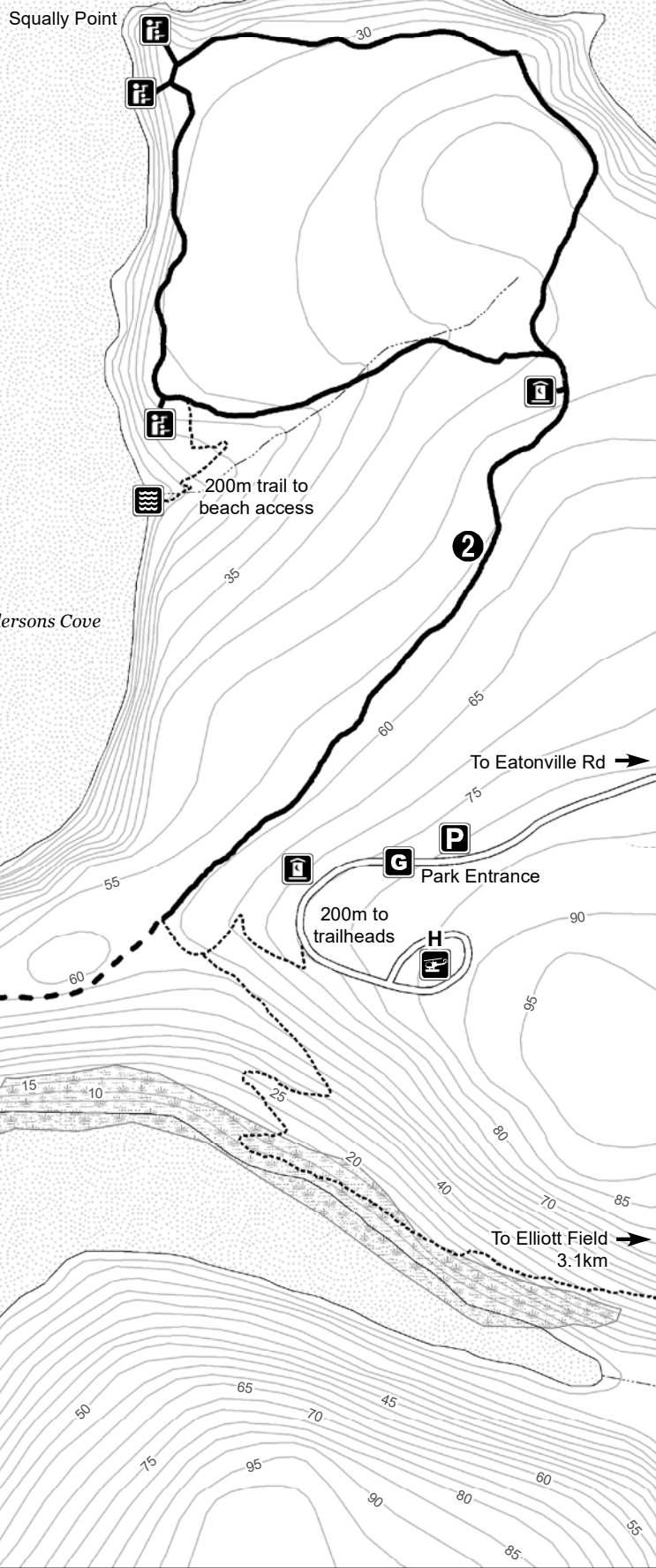


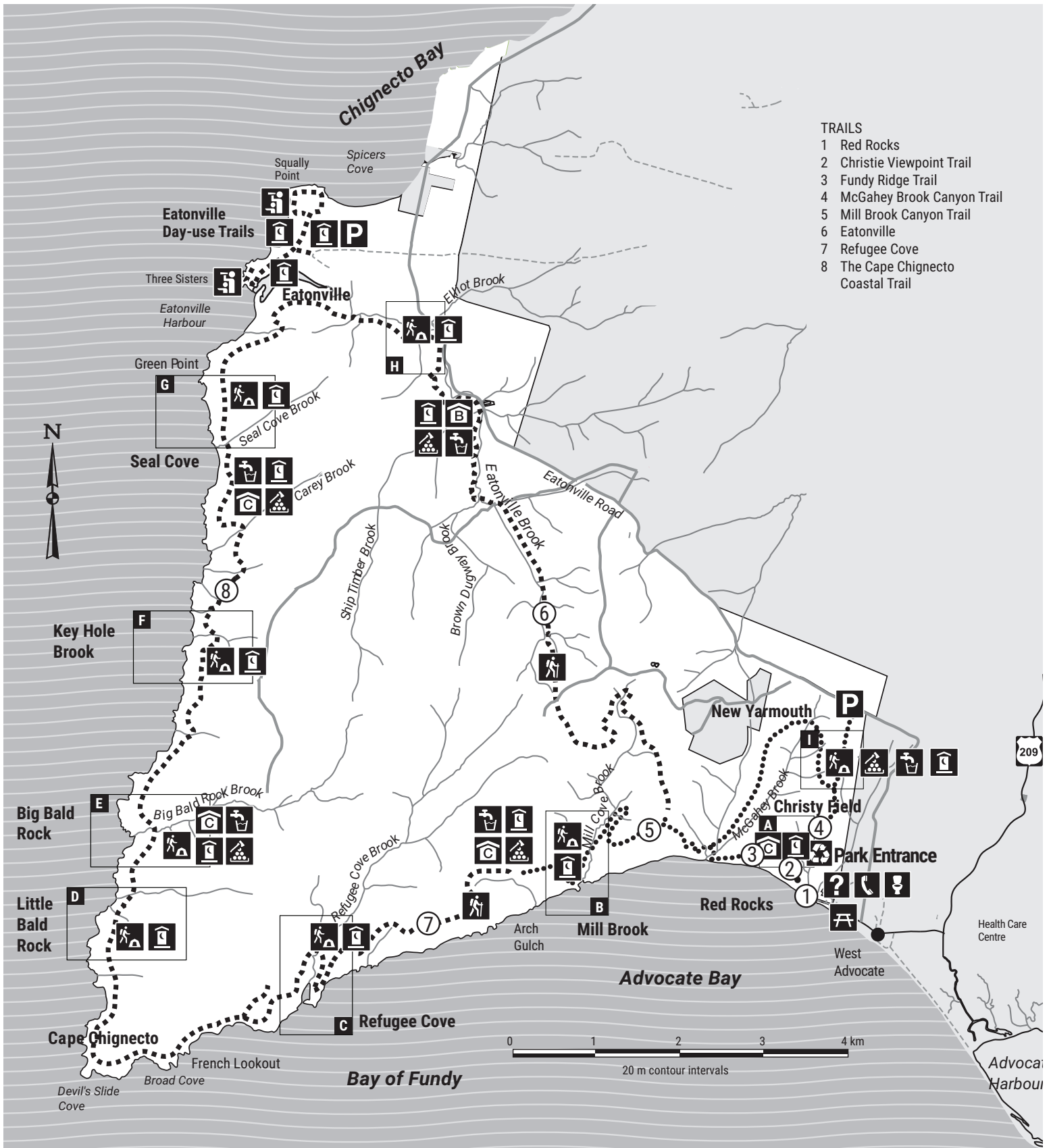
Trail Rating System	
● Easy	Flat to gently rolling
■ Moderate	Gently rolling with short steep sections
◆ Difficult	Rolling with many steep sections that may continue for long periods

- 1 Three Sisters Trail ●**  
1.2km (40 min) one-way; Average Slope: 10%; Maximum Slope: 35%
- 2 Squally Point Trail ●**  
2.1km (60 min) return loop; Average Slope: 7%; Maximum Slope: 35%



**Emergency Helipads (UTM)**  
 G: 349883m E 5031186m N  
 H: 350567m E 5031639m N





- TRAILS**
- 1 Red Rocks
  - 2 Christie Viewpoint Trail
  - 3 Fundy Ridge Trail
  - 4 McGahey Brook Canyon Trail
  - 5 Mill Brook Canyon Trail
  - 6 Eatonville
  - 7 Refugee Cove
  - 8 The Cape Chignecto Coastal Trail

**KEY**

Bunkhouse	Group Camping	Telephone	Back Country Trail
Drinking Water	Hiking	Vault Toilet	Front Country Trail
Exhibit/Interpretation	Park Office and Information	Walk-in Campsite	Forest Access Road
Firewood	Parking	Waste/Recycling	<b>Campsite Type:</b>
Flush Toilets	Picnic Area	Wilderness Cabin	① Wooded
			1 Open