

Emergency Helipads (UTM)

A: 350470m E 5022165m N
 B: 347840m E 5021394m N
 C: 347734m E 5022633m N
 D: 348145m E 5024601m N
 E: 350001m E 5024872m N
 F: 349336m E 5028293m N
 G: 349883m E 5031186m N
 H: 350567m E 5031639m N

Eatonville Day-Use Trails (see reverse)

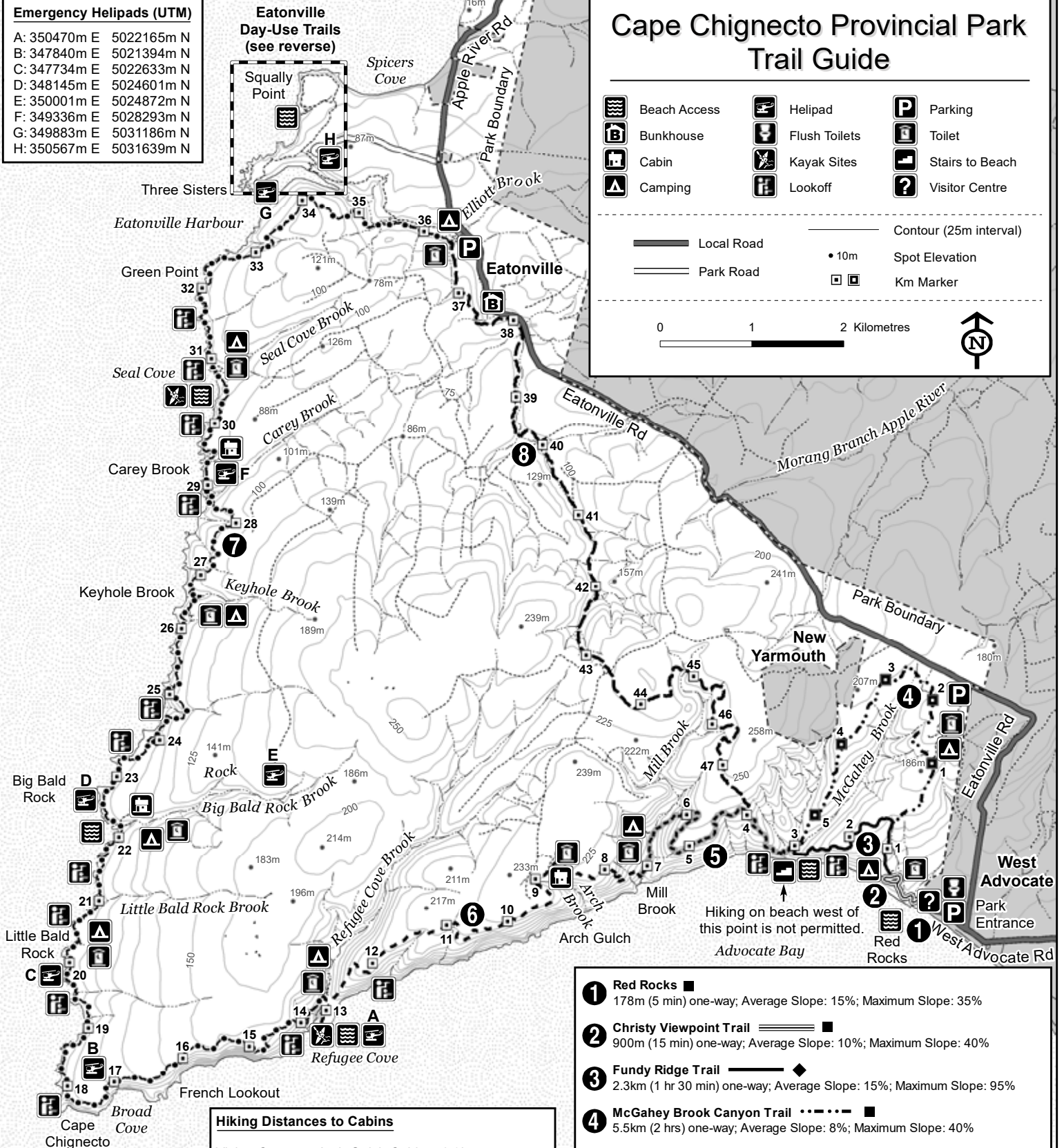
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Cape Chignecto Provincial Park Trail Guide

- | | | |
|--------------|---------------|-----------------|
| Beach Access | Helipad | Parking |
| Bunkhouse | Flush Toilets | Toilet |
| Cabin | Kayak Sites | Stairs to Beach |
| Camping | Lookoff | Visitor Centre |

- | | |
|------------|------------------------|
| Local Road | Contour (25m interval) |
| Park Road | Spot Elevation |
| | Km Marker |

0 1 2 Kilometres



Hiking Distances to Cabins

Visitor Centre to Arch Gulch Cabin = 8.9km
 Arch Gulch Cabin to Big Bald Rock Cabin = 13.7km
 Big Bald Rock Cabin to Carey Brook Cabin = 7.5km
 Carey Brook Cabin to Eatonville Bunkhouse = 8.8km
 Eatonville Bunkhouse to Visitor Centre = 14.1km

Beware of high cliffs and tides. Approach cliffs only at designated look-offs.

Trail Rating System

● Easy	Flat to gently rolling
■ Moderate	Gently rolling with short steep sections
◆ Difficult	Rolling with many steep sections that may continue for long periods

- Red Rocks** ■
178m (5 min) one-way; Average Slope: 15%; Maximum Slope: 35%
- Christy Viewpoint Trail** ■
900m (15 min) one-way; Average Slope: 10%; Maximum Slope: 40%
- Fundy Ridge Trail** ◆
2.3km (1 hr 30 min) one-way; Average Slope: 15%; Maximum Slope: 95%
- McGahey Brook Canyon Trail** ■
5.5km (2 hrs) one-way; Average Slope: 8%; Maximum Slope: 40%
- Mill Brook Canyon Trail** ◆
4.2km (3 hrs 30 min) one-way; Average Slope: 15%; Maximum Slope: 65%
- Refugee Cove Trail** ◆
6.3km (5 hrs 30 min) one-way; Average Slope: 18%; Maximum Slope: 120%
- Cape Chignecto Coastal Trail** ◆
22.9km (3 - 4 days) return loop; Average Slope: 15%; Maximum Slope: 115%
- Eatonville Trail** ◆
11.4km (6 hrs 30 min) one-way; Average Slope: 10%; Maximum Slope: 40%

Hiking times are from the Visitor Centre with the exception of the Eatonville Day-Use Trails.

Cape Chignecto Provincial Park

Eatonville Day-Use Trail Guide



Beach Access



Helipad



Parking



Gate



Lookoff



Toilet

Park Road

Contour (5m interval)



Wetland

0 100 200 m



1 Three Sisters Trail ●

1.2km (40 min) one-way; Average Slope: 10%; Maximum Slope: 35%

2 Squally Point Trail ●

2.1km (60 min) return loop; Average Slope: 7%; Maximum Slope: 35%



Emergency Helipads (UTM)

G: 349883m E 5031186m N
H: 350567m E 5031639m N

Trail Rating System

● Easy	Flat to gently rolling
■ Moderate	Gently rolling with short steep sections
◆ Difficult	Rolling with many steep sections that may continue for long periods

Squally Point



200m trail to beach access

Andersons Cove

2

To Eatonville Rd →



Park Entrance

200m to trailheads



To Elliott Field →
3.1km

Three Sisters

1

