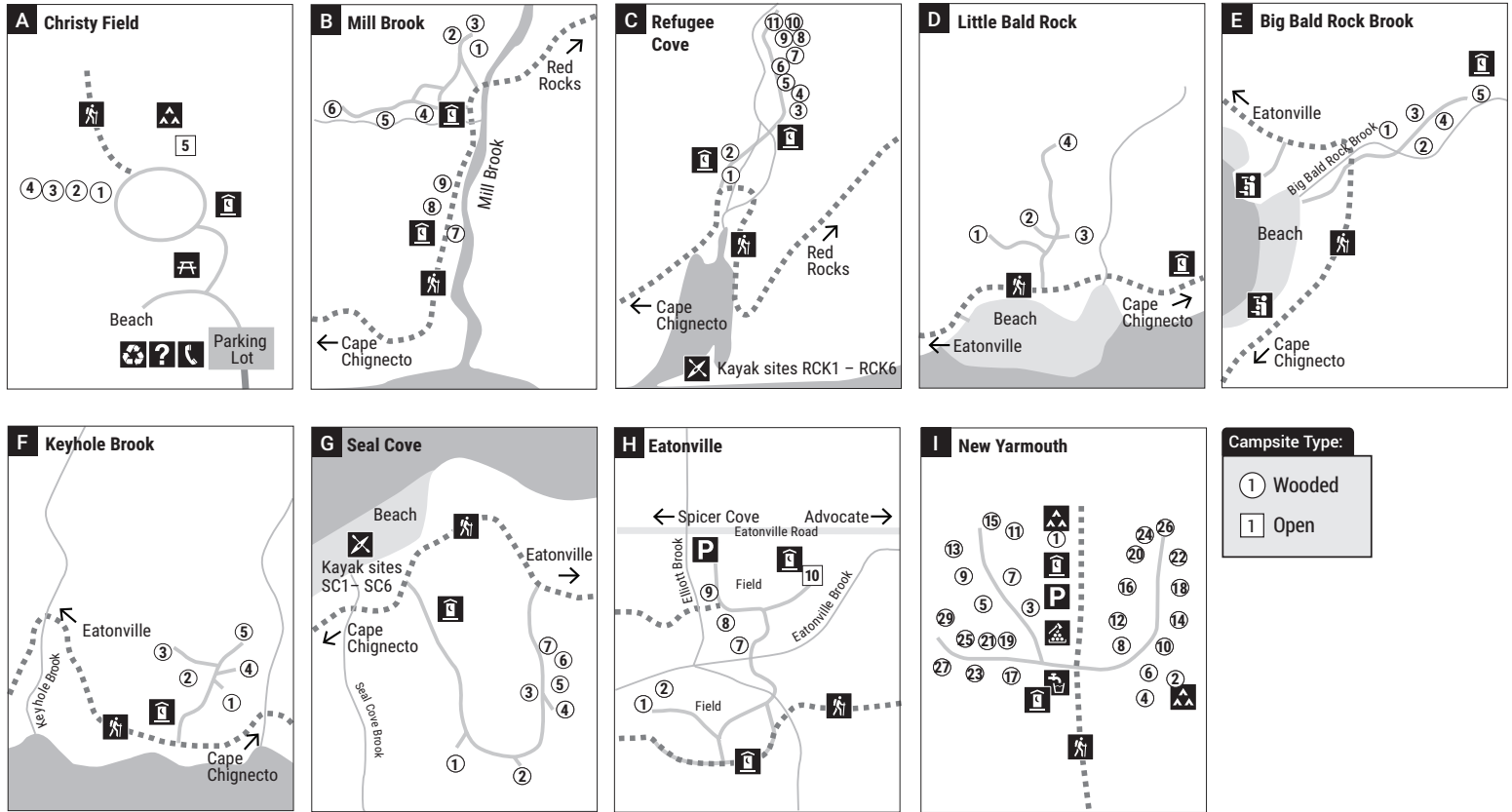


# Cape Chignecto Provincial Park

1108 West Advocate Road, Advocate Harbour, NS • 902-392-2085



## KEY



## Park Rules and Regulations

- A camping permit is required and you must camp in designated sites.
- Your camping permit expires if your campsite is unoccupied for 48 hours.
- The backcountry is accessible only from the designated trailhead at Red Rocks.
- Occupancy is limited to one tent per pad (check with staff).
- Defacing or removal of natural features, plants, rocks, signs or structures is not permitted.
- All laws respecting alcohol are strictly enforced.
- Advertising or operation of any business is not permitted without a permit.
- Hunting, trapping and firearms are prohibited.
- Fishing is permitted, subject to regulations provided with the purchase of a Nova Scotia sport fishing licence.

**Alcohol and Cannabis-Free Period:** No alcohol or cannabis are permitted at camping parks from opening date to July 3. After this time, alcohol and smoking (including cannabis) are permitted on rented campsites only. Mid-season changes to this policy may occur if local issues arise.

**Check In: 2:00 pm.**

**Check Out: 1:00 pm.** Please ensure your campsite is clean.

**Fires:** No open fires are permitted at backcountry campsites. Fires are only permitted in the fire grills at designated walk-in campsites at New Yarmouth. Make sure your fire is out before you leave your site or turn in for the night.

**Fireworks:** The use of fireworks is prohibited.

**Generator Use:** Generators may be used between 9:00 am – 1:00 pm and 4:00 pm – 7:00 pm. If you require power outside of these hours, please book a campsite with electrical service.

**Dog Owner Responsibilities:** Dogs are welcome providing they are kept on a 6 ft. (1.8 m) leash at all times. Dogs not permitted in public structures. Clean up your dog's waste and place it in the garbage. You may be asked to leave the park if your dog is barking or disturbing others.

**Quiet time:** from 10:30 pm until sunrise. Noisy parties and rowdy behaviour are not tolerated.

**Speed limit:** 15 km.

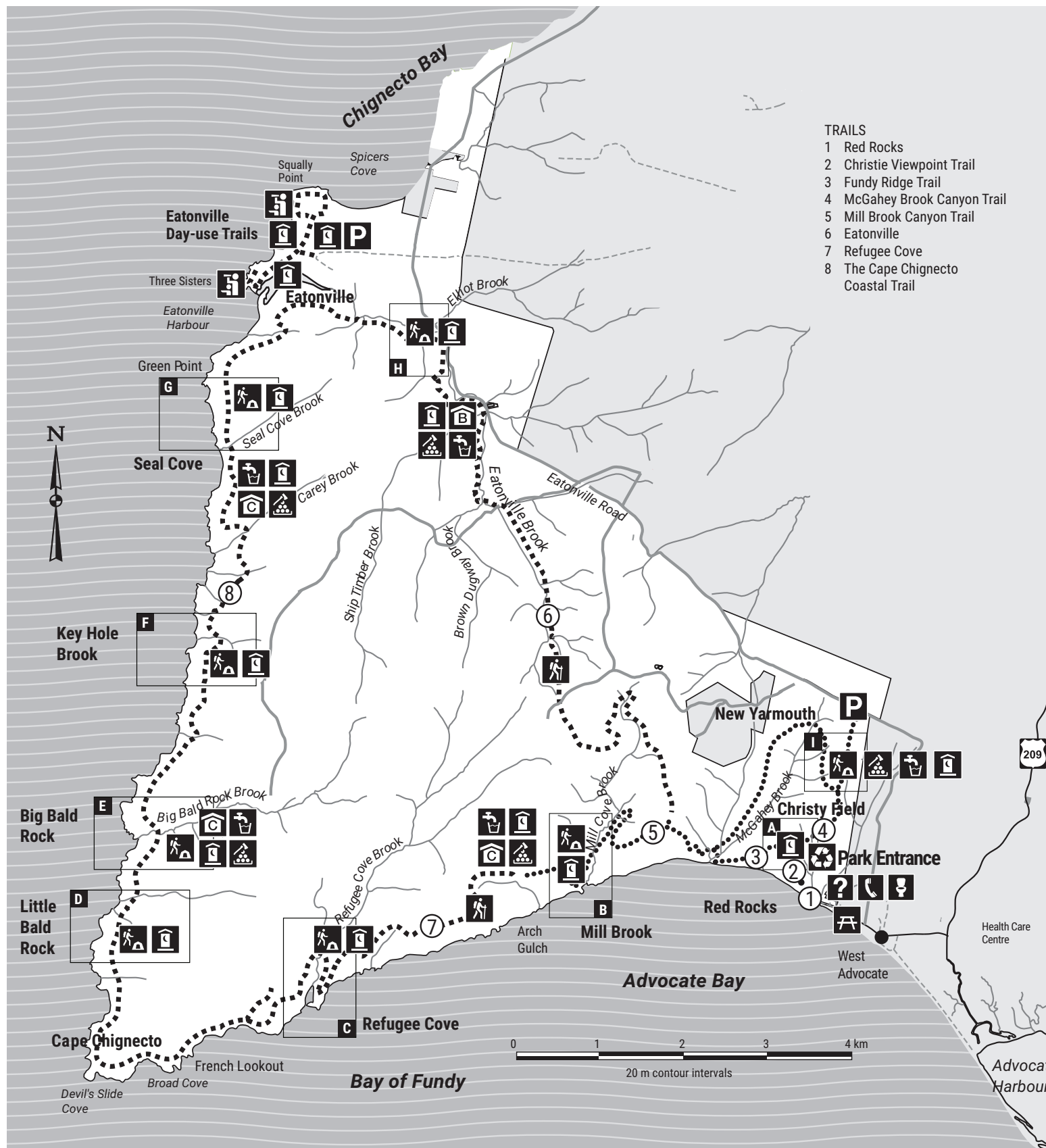
**Visitors:** Visitors may enter the park until 10:00 pm. All guests must leave by 10:30 pm.

**RESERVATIONS • 1-888-544-3434 • novascotiaparks.ca**

**Nearest Medical Centre:** South Cumberland Community Care Centre, 50 Jenks Ave, Parrsboro (50 km)



In case of emergency: **CALL 911**



## KEY

	Bunkhouse		Group Camping		Telephone		Back Country Trail
	Drinking Water		Hiking		Vault Toilet		Front Country Trail
	Exhibit/Interpretation		Park Office and Information		Walk-in Campsite		Forest Access Road
	Firewood		Parking		Waste/Recycling	<b>Campsite Type:</b>	
	Flush Toilets		Picnic Area		Wilderness Cabin		Wooded
							Open

### Emergency Helipads (UTM)

A: 350470m E 5022165m N  
 B: 347840m E 5021394m N  
 C: 347734m E 5022633m N  
 D: 348145m E 5024601m N  
 E: 350001m E 5024872m N  
 F: 349336m E 5028293m N  
 G: 349883m E 5031186m N  
 H: 350567m E 5031639m N

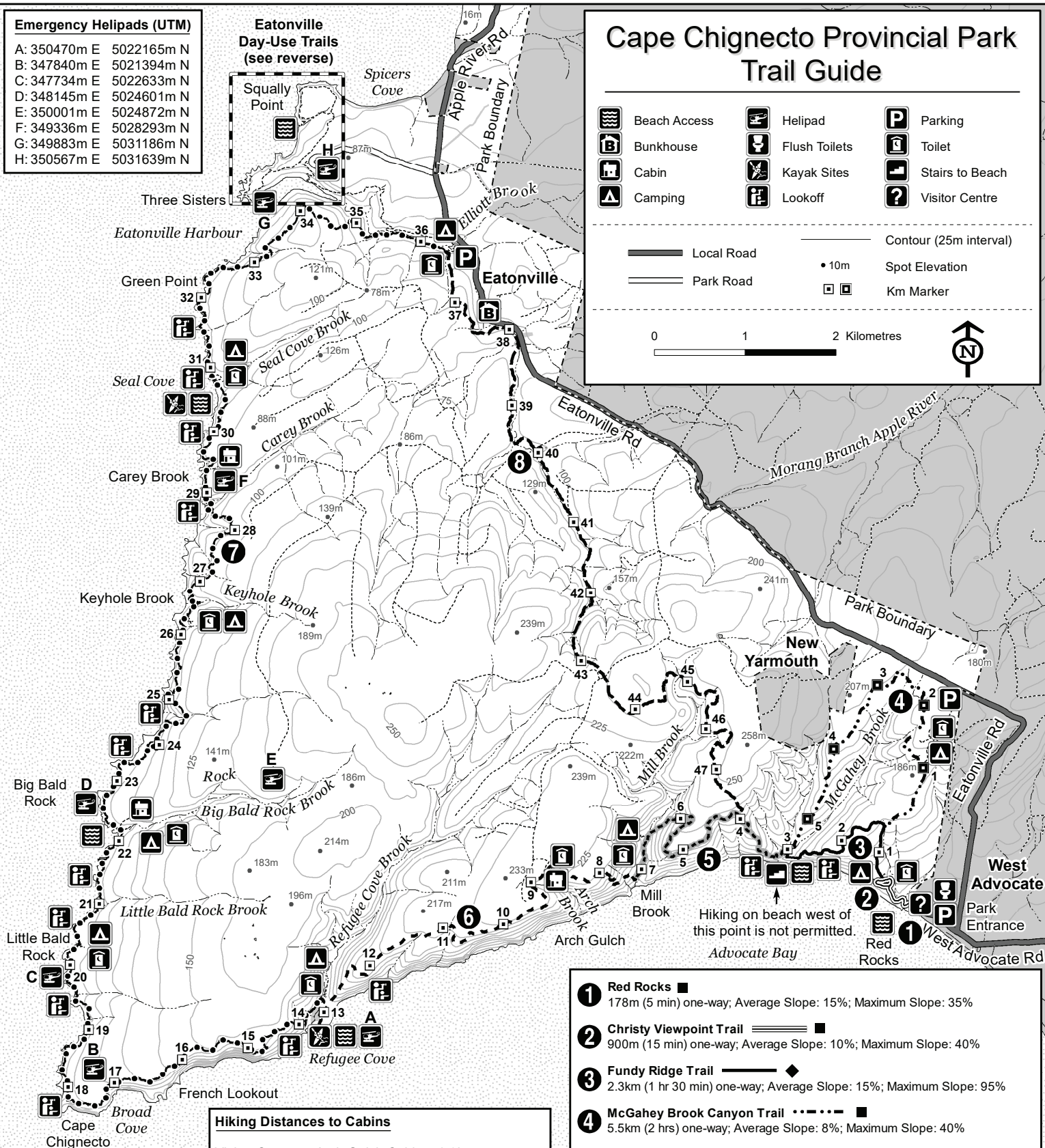
### Eatonville Day-Use Trails (see reverse)

# Cape Chignecto Provincial Park Trail Guide

- |  |              |  |               |  |                 |
|--|--------------|--|---------------|--|-----------------|
|  | Beach Access |  | Helipad       |  | Parking         |
|  | Bunkhouse    |  | Flush Toilets |  | Toilet          |
|  | Cabin        |  | Kayak Sites   |  | Stairs to Beach |
|  | Camping      |  | Lookoff       |  | Visitor Centre  |

- |  |            |  |                        |
|--|------------|--|------------------------|
|  | Local Road |  | Contour (25m interval) |
|  | Park Road  |  | Spot Elevation         |
|  |            |  | Km Marker              |

0 1 2 Kilometres



**Beware of high cliffs and tides. Approach cliffs only at designated look-offs.**

### Hiking Distances to Cabins

Visitor Centre to Arch Gulch Cabin = 8.9km  
 Arch Gulch Cabin to Big Bald Rock Cabin = 13.7km  
 Big Bald Rock Cabin to Carey Brook Cabin = 7.5km  
 Carey Brook Cabin to Eatonville Bunkhouse = 8.8km  
 Eatonville Bunkhouse to Visitor Centre = 14.1km

### Trail Rating System

● Easy	Flat to gently rolling
■ Moderate	Gently rolling with short steep sections
◆ Difficult	Rolling with many steep sections that may continue for long periods

- 1 Red Rocks** ■  
178m (5 min) one-way; Average Slope: 15%; Maximum Slope: 35%
- 2 Christy Viewpoint Trail** ■  
900m (15 min) one-way; Average Slope: 10%; Maximum Slope: 40%
- 3 Fundy Ridge Trail** ◆  
2.3km (1 hr 30 min) one-way; Average Slope: 15%; Maximum Slope: 95%
- 4 McGahey Brook Canyon Trail** ■  
5.5km (2 hrs) one-way; Average Slope: 8%; Maximum Slope: 40%
- 5 Mill Brook Canyon Trail** ◆  
4.2km (3 hrs 30 min) one-way; Average Slope: 15%; Maximum Slope: 65%
- 6 Refugee Cove Trail** ◆  
6.3km (5 hrs 30 min) one-way; Average Slope: 18%; Maximum Slope: 120%
- 7 Cape Chignecto Coastal Trail** ◆  
22.9km (3 - 4 days) return loop; Average Slope: 15%; Maximum Slope: 115%
- 8 Eatonville Trail** ◆  
11.4km (6 hrs 30 min) one-way; Average Slope: 10%; Maximum Slope: 40%

Hiking times are from the Visitor Centre with the exception of the Eatonville Day-Use Trails.

# Cape Chignecto Provincial Park

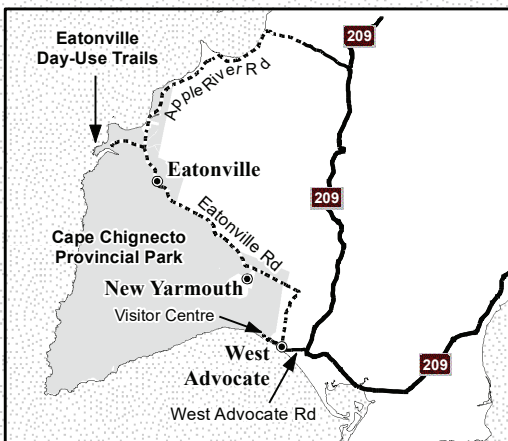
## Eatonville Day-Use Trail Guide



0 100 200 m



- 1 Three Sisters Trail** ●  
1.2km (40 min) one-way; Average Slope: 10%; Maximum Slope: 35%
- 2 Squally Point Trail** ●  
2.1km (60 min) return loop; Average Slope: 7%; Maximum Slope: 35%



### Emergency Helipads (UTM)

G: 349883m E 5031186m N  
H: 350567m E 5031639m N

### Trail Rating System

● Easy	Flat to gently rolling
■ Moderate	Gently rolling with short steep sections
◆ Difficult	Rolling with many steep sections that may continue for long periods

Squally Point

Andersons Cove

Three Sisters

To Eatonville Rd →

To Elliott Field →  
3.1km