

- TRAILS**
- 1 Red Rocks
 - 2 Christie Viewpoint Trail
 - 3 Fundy Ridge Trail
 - 4 McGahey Brook Canyon Trail
 - 5 Mill Brook Canyon Trail
 - 6 Eatonville
 - 7 Refugee Cove
 - 8 The Cape Chignecto Coastal Trail

KEY

	Bunkhouse		Group Camping		Telephone		Back Country Trail
	Drinking Water		Hiking		Vault Toilet		Front Country Trail
	Exhibit/Interpretation		Park Office and Information		Walk-in Campsite		Forest Access Road
	Firewood		Parking		Waste/Recycling	Campsite Type:	
	Flush Toilets		Picnic Area		Wilderness Cabin		Wooded
							Open

Emergency Helipads (UTM)

- A: 350470m E 5022165m N
- B: 347840m E 5021394m N
- C: 347734m E 5022633m N
- D: 348145m E 5024601m N
- E: 350001m E 5024872m N
- F: 349336m E 5028293m N
- G: 349883m E 5031186m N
- H: 350567m E 5031639m N

Eatonville Day-Use Trails (see reverse)

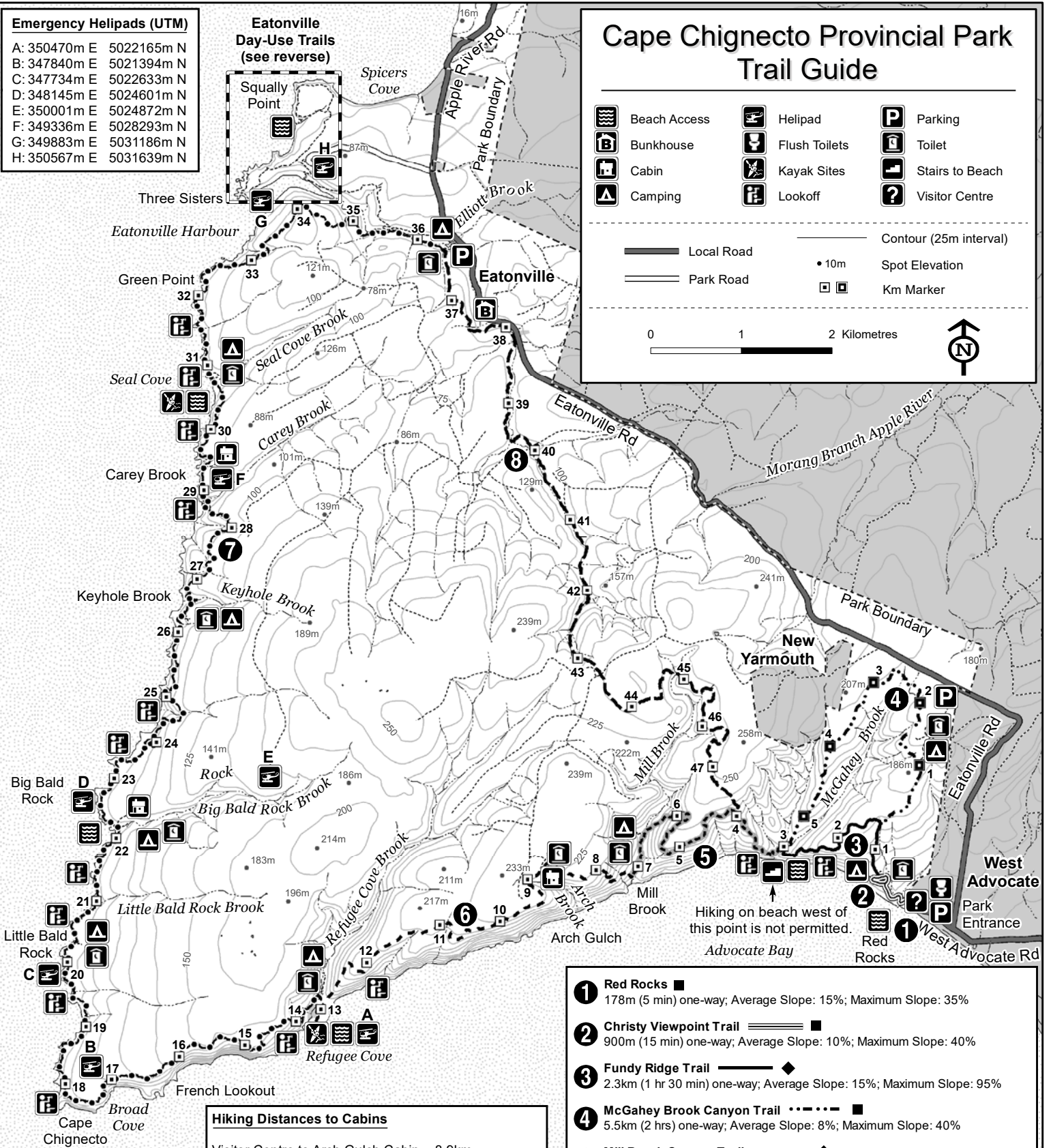
- Squally Point
- Spicers Cove

Cape Chignecto Provincial Park Trail Guide

- | | | | | | |
|--|--------------|--|---------------|--|-----------------|
| | Beach Access | | Helipad | | Parking |
| | Bunkhouse | | Flush Toilets | | Toilet |
| | Cabin | | Kayak Sites | | Stairs to Beach |
| | Camping | | Lookoff | | Visitor Centre |

- | | | | |
|--|------------|--|------------------------|
| | Local Road | | Contour (25m interval) |
| | Park Road | | Spot Elevation |
| | | | Km Marker |

0 1 2 Kilometres



Beware of high cliffs and tides. Approach cliffs only at designated look-offs.

Hiking Distances to Cabins

- Visitor Centre to Arch Gulch Cabin = 8.9km
- Arch Gulch Cabin to Big Bald Rock Cabin = 13.7km
- Big Bald Rock Cabin to Carey Brook Cabin = 7.5km
- Carey Brook Cabin to Eatonville Bunkhouse = 8.8km
- Eatonville Bunkhouse to Visitor Centre = 14.1km

Trail Rating System

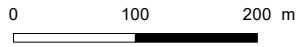
	Easy		Flat to gently rolling
	Moderate		Gently rolling with short steep sections
	Difficult		Rolling with many steep sections that may continue for long periods

- 1 Red Rocks** ■
178m (5 min) one-way; Average Slope: 15%; Maximum Slope: 35%
- 2 Christy Viewpoint Trail** ■
900m (15 min) one-way; Average Slope: 10%; Maximum Slope: 40%
- 3 Fundy Ridge Trail** ◆
2.3km (1 hr 30 min) one-way; Average Slope: 15%; Maximum Slope: 95%
- 4 McGahey Brook Canyon Trail** ■
5.5km (2 hrs) one-way; Average Slope: 8%; Maximum Slope: 40%
- 5 Mill Brook Canyon Trail** ◆
4.2km (3 hrs 30 min) one-way; Average Slope: 15%; Maximum Slope: 65%
- 6 Refugee Cove Trail** ◆
6.3km (5 hrs 30 min) one-way; Average Slope: 18%; Maximum Slope: 120%
- 7 Cape Chignecto Coastal Trail** ◆
22.9km (3 - 4 days) return loop; Average Slope: 15%; Maximum Slope: 115%
- 8 Eatonville Trail** ◆
11.4km (6 hrs 30 min) one-way; Average Slope: 10%; Maximum Slope: 40%

Hiking times are from the Visitor Centre with the exception of the Eatonville Day-Use Trails.

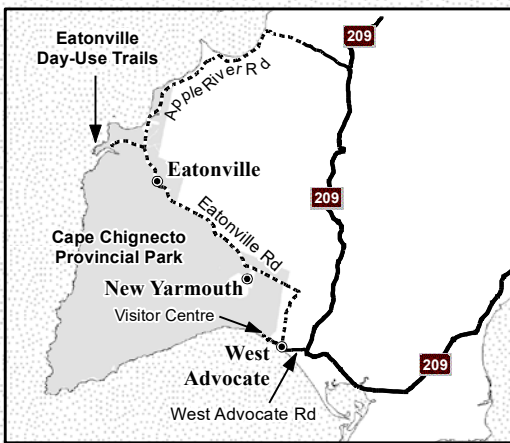
Cape Chignecto Provincial Park

Eatonville Day-Use Trail Guide



Trail Rating System	
● Easy	Flat to gently rolling
■ Moderate	Gently rolling with short steep sections
◆ Difficult	Rolling with many steep sections that may continue for long periods

- 1 Three Sisters Trail ●**
1.2km (40 min) one-way; Average Slope: 10%; Maximum Slope: 35%
- 2 Squally Point Trail ●**
2.1km (60 min) return loop; Average Slope: 7%; Maximum Slope: 35%



Emergency Helipads (UTM)
 G: 349883m E 5031186m N
 H: 350567m E 5031639m N

